



MAY 2019 SENION MEAL PROGRAM MENU

Menu items are subject to change due to availability of food items. Items with ** contain pork or pork products

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Strips Roasted Potatoes Green Beans Whole Wheat Roll Mandarin Oranges	2 Baked Cod Peas Brussel Sprouts Whole Wheat Roll Fruit Cocktail	3 Cabbage Rolls w/ Marinara Scandinavian Blend Spinach Whole Wheat Roll Pears
6 Baked Tilapia Baked Potato Mixed Vegetables Whole Wheat Roll Banana Pudding Fresh Fruit	7 BBQ Chicken Baked Beans Broccoli Whole Wheat Roll Jell-O Cake Pears	8 Turkey Burger w/ Lettuce & Tomato Spinach 4 Way vegetables Whole Wheat Bun Fruit Cocktail	9 Meatloaf Roasted Red Potatoes Winter Vegetables Whole Wheat Roll Orange	10 Pork Stir Fry w/ Rice Pilaf** Cauliflower Peppers & Onions Whole Wheat Roll Pineapple Ambrosia
13 Chicken Chimichanga/w Shredded Lettuce & Tomato Refried Beans Whole Wheat Tortilla Apple	14 Egg Bake Hash Brown Potato Peppers, Onions, Mushrooms Wheat Biscuit Banana	15 Beef Tater Tot Casserole Stewed Tomatoes Green Beans Whole Wheat Roll Jell-O Fruit Salad	16 Baked Pollock w/ Fruit Salsa Caribbean Vegetables Cauliflower Whole Wheat Roll Apricots	17 Cold Salad Plate Chicken, Beet and Broccoli Whole Wheat Crackers Oreo Cake/Fresh Fruit
20 Dill Tilapia Spinach Scandinavian Vegetables Whole Wheat Roll Apricots	21 Angel Hair Pasta w/ Chicken Italian Vegetables Garden Salad Whole Wheat Roll Orange	22 Pulled Pork Sandwich** Peppers & Onions Brussel Sprouts Whole Wheat Roll Peaches	23 Honey Garlic Chicken over Rice Carrots Oriental Vegetables Cherry Trifle Cake	24 Lemon Baked Cod Chef's Vegetables Peas & Carrots Whole Wheat Roll Grapes
27 Memorial Day CLOSED	28 Beef Stew w/Onion, Celery & Carrots Chuckwagon Vegetables Winter Blend Whole Wheat Roll Birthday Cake	29 Chicken Breast w/ Gravy Mashed Potatoes Rancho Fiesta Vegetables Whole Wheat Roll Fresh Orange	30 Cold Salad Plate Seafood, Macaroni and 3-Bean Whole Wheat Crackers Sliced Pears	31 Open Face Turkey Sandwich Yams Green Beans Whole Wheat Bread Applesauce

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