








Escalante Senior Center Activities: May 2019

2150 E. Orange St., Tempe 85281

| Tuesdays | Wednesdays | Thursdays | Fridays |
|---|--|--|--|
| <p><i>For Lunch & Bus Reservations Call the Day Before by Noon! 480-350-5872</i></p> | <p>1</p> <p>9am Coffee and Treats 10am Site Council Meeting 11:30am LUNCH 12:30pm Fry's Trip with Meridian</p> | <p>2</p> <p>9am Coffee and Treats 9:30am Chef Roy's Cooking Demo 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30PM BINGO</p> | <p>3</p> <p>9am Coffee & Breakfast 10:00am CINCO DE MAYO CELEBRATION AT ESCALANTE SENIOR CENTER</p>  |
| <p>7</p> <p>9am Coffee and Treats 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30pm Desert Botanical Garden</p> | <p>8</p> <p>9am Coffee and Treats 10am Morning Cards 11:30am Luncheon—Mother's Day Celebration at North Tempe</p> | <p>9</p> <p>9am Coffee and Treats 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30PM BINGO</p>  | <p>10</p> <p>9am Coffee & Breakfast 9:45am Morning Movie 11:30am LUNCH 12:30pm Senior Choice of Games</p> |
| <p>14</p> <p>9am Coffee and Treats 9:30am Morning Card 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30pm Bingo</p>  | <p>15</p> <p>9am Coffee and Treats 9:30am Morning Cards 11:30am LUNCH 12:30pm Let's Bead & Make some Jewelry</p> | <p>16</p> <p>9am Coffee and Treats 9:30am Chef Roy's Cooking Demo 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30PM BINGO</p> | <p>17</p> <p>9am Coffee & Breakfast 9:45am Morning Movie 11:30am LUNCH 12:00pm Senior Choice of Games</p>  |
| <p>21</p> <p>9am Coffee and Treats 9:30am Camelback Medical Massage Talk 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30pm Bingo</p> | <p>22</p> <p>9am Coffee and Treats 9:30am Morning Cards 11:30am LUNCH 12:30pm Food Finances, Couponing</p> | <p>23</p> <p>9am Coffee and Treats 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30PM BINGO</p>  | <p>24</p> <p>9am Coffee & Breakfast 9:45am Morning Movie 11:30am LUNCH 12:30pm Ice Cream Social</p>  |
| <p>28</p> <p>9am Coffee and Treats 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30pm Bingo</p>  | <p>29</p> <p>9am Coffee and Treats 9:30am Morning Cards 11:30am LUNCH 12:30pm Color Creation</p> | <p>30</p> <p>9am Coffee and Treats 10:30--11:30am Geri-Fit Exercise w/Jana 11:30am LUNCH 12:30PM BINGO</p> | <p>31</p> <p>9am Coffee & Breakfast 9:45am Morning Movie 11:30am LUNCH 12:00pm Senior Choice of Games</p> |