

# AUGUST 2019 MENU

Menu items are subject to change due to availability of food items. Items with \*\* contain pork or pork products

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Soft Shell Chicken Taco Lettuce, Tomato & Cheese Refried Beans Whole Wheat Tortilla Cherry Crisp	2 Stuffed Peppers Lima Beans Garden Salad Whole Wheat Roll Pineapple Tidbits
5 Chicken Salad Sandwich w/ Lettuce & Tomato Cucumber & 3-Bean Salad Whole Wheat Bun Fruit Blend	6 Baked Lemon Catfish Brown Rice Mixed Vegetables Stewed Tomatoes Whole Wheat Roll Fresh Orange	7 Polish Sausage w/Sauerkraut** Scalloped Potatoes Scandinavian Blend Whole Wheat Bun Sliced Apples w/ Cinnamon	8 Pepper Steak over Egg Noodles Oriental Blend 4 Way vegetable Blend Whole Wheat Roll Fruit Cup	9 Turkey Chili White Rice Chuck Wagon Vegetables Cauliflower Whole Wheat Cracker Mango
12 Pork Chop w/ Cherry Sauce** Roasted Red Potatoes Brussel Sprouts Whole Wheat Roll Grapes	13 Meatloaf w/ Gravy Mashed Potatoes Carrots Whole Wheat Roll Oatmeal Raisin Cookie Fruit Cocktail	14 Cold Salad Plate Tuna, Beet & 3-Bean Whole Wheat Crackers Pineapple Ambrosia	15 Hamburger w/ Lettuce & Tomato Italian Vegetables Baked Beans Whole Wheat Bun Seasonal Fruit	16 Chicken Breast w/ Mushroom Sauce Rice w/ Broccoli & Cheese California Vegetable Blend Whole Wheat Roll Banana
19 Vegetable Lasagna Zucchini Broccoli Whole Wheat Roll Tropical Fruit Blend	20 BBQ Pork Sandwich** Winter Vegetable Blend Buttered Sweet Corn Whole Wheat Bun Black Forest Cake Fresh Apple	21 Baked Chicken Strips Roasted Potatoes Green Beans Whole Wheat Roll Mandarin Oranges	22 Baked Cod Peas Brussel Sprouts Whole Wheat Roll Fruit Cocktail	23 Cabbage Rolls w/ Marinara Scandinavian Vegetable Blend Spinach Whole Wheat Roll Pears
26 Baked Tilapia Baked Potato Mixed Vegetables Whole Wheat Roll Banana Pudding Fresh Fruit	27 <b>Birthday Celebration</b> BBQ Chicken Baked Beans Broccoli Whole Wheat Roll Jell-O Cake Pears	28 Turkey Burger/Lettuce & Tomato Spinach 4 Way Vegetable Blend Whole Wheat Bun Fruit Cocktail	29 Meatloaf w/ Country Gravy Roasted Red Potatoes Winter Vegetable Blend Whole Wheat Roll Fresh Orange	30 Pork Stir Fry w/ Peppers & Onion** Cauliflower Vegetable Rice Pilaf Whole Wheat Roll Pineapple